

#### **CAFETERIA CUSTOMER GUIDELINES**

- 1. Masks are recommended in high traffic areas
- 2. Use hand sanitizer before entering
- 3. Have your payment ready (tap preferred)
- 4. No touching items that you are not going to buy
- 5. Only those buying permitted to enter the line up

## RAPID TEST

If you haven't received your rapid test, please come to the office to get it as soon as possible

yon appetit /





#### 8:30-9:45 am Breakfast Assorted Baked Goods and Breakfast Sandwiches

#### Lunch- 11:30am - 12:45pm

Cream of Mushroom (veg) \$2.00/\$3.00/\$5.00 BBQ Beef Burger \$5.00 Pulled Pork Sandwich \$5.00 Chicken Strips & Fries \$6.50 Grilled Cheese Sandwich - \$5.00 Chicken Caesar Salad \$5.00 Centennial Salad w/Chicken \$7.00

# **ALL STUDENTS**

## JR & SR ES ACADEMY -- DEADLINE EXTENDED! \*NEW\*

All grade 9, 10 and 11 students interested in applying to the Environmental Studies Academy, please do so before April 8th! Please see Ms. Melvin or Mr. Fitz with any questions you have in room B222. Use QR code below to apply.



#### VOLUNTEER WITH POCO (GREENER CITY INITIATIVE) – ALL AGES, COUTTS PARK 10am – 1pm

April 2 – Invasive Plant Removal April 23 – Tree Planting <u>Register in advance: https://www.portcoquitlam.ca/city-services/environmental-services/greener-city/</u>

#### **ELL/INTERNATIONAL STUDENTS**

Easter Cookie Decorating Party! If you are interested, you can register and sign up and pay \$5 to hold your spot. Sign up with Ms. Sousa in room E210. Deadline to sign up is April 5<sup>th</sup> (no late registrations) This will be held Thursday, April 14<sup>th</sup> during p3.

#### **CAPILANO ESPORTS**

CapU is hosting its first ever esports tournament, The Capilano Cup, on April 16, 2022! The chosen battlefield is League of Legends! This epic online event is for students in Grades 8-12 and free to enter. Your matches may be streamed with commentary for a live audience! Check out our Linktree page and REGISTER NOW!

## The MyEd Portal has NOW CLOSED as the deadline to input classes has passed (March 1<sup>st</sup>).

If you have not input your courses, you MUST hand in a PDF of your course selection sheet ASAP to your counsellor to be registered for courses for the 2022-2023 school year. Delaying handing in your course selection sheet will mean less chance of getting courses that you need or want for next year.

Failure to hand in your course selection sheet will mean that you will not have any courses scheduled for next year. If you HAVE already input your courses but have NOT handed in a PDF to your counsellor, you MUST also do this ASAP.

# GRADE 12'S

**CAREER CENTRE** Visit the online Centennial Career Centre Page <u>HERE</u>



# @cent43careercentre

## BCIT PATHWAY AWARDS - 3 X \$3,000 for SD43

Deadline Friday, April 1<sup>st</sup>. Visit the career centre for application & details. <u>https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/financeawards/Pages/default.aspx</u> #/=

## 14 SCHOLARSHIPS, BURSARIES AND AWARDS HAVE DEADLINES OF MARCH 31<sup>ST</sup>

Visit the Career Centre to apply!

## ATCO INDIGENOUS SCHOLARHIPS

3 CATAGORIES amounts vary. Open to Indigenous students in grade 10 – 12, students enrolling in college, and students enrolling in university. Deadline August 15<sup>th</sup>, 2022. <u>https://www.atco.com/en-ca/our-</u> <u>commitment/partnerships-indigenous-peoples/indigenous-education-</u> <u>programs.html#:~:text=The%20Awards,in%20degree%20or%20graduate%20programs.</u>

## YOUNG WOMEN IN PUBLIC SAFETY - EMPLOYMENT OPPORTUNITY

A virtual WEB-BASED opportunity for females in grade 11 to learn about opportunities in public service. \$15 per hour. (Border Service, RCMP, Intelligence Agency, Parole Board, Correctional Service) 5 days from July 11-15, 2022 7.5 hours per day during program. APPLY BY APRIL 4<sup>th</sup>, 2022 <u>https://emploisfp-psjobs.cfp-psc.gc.ca/srs-sre/page01.htm?poster=982&lang=en.htm</u>

#### INFO SESSIONS FOR GRADE 11'S ONGOING

Discover a variety of post-secondary programs in BC: <u>https://www.postsecondarybc.ca/events/</u> Discover UVIC for gr. 10 & 11 – April 4<sup>th</sup> and 22<sup>nd</sup>.

#### DOUGLAS COLLEGE MARCH INFO SESSIONS:

March 29<sup>th</sup> & March 31 Register: <u>https://www.douglascollege.ca/future-students/explore-douglas/information-sessions</u>

#### Save the date - NCAA VIRTUAL FAIR & WEBINAR UPDATE

Thursday, April 21<sup>st</sup> 2 – 6 pm PST <u>https://www.educationusacanada.ca/april-21-virtual-fair/</u>

#### LOCAL SCHOLARSHIP PACKAGE AND DISTRICT AUTHORITY AWARDS

**INFO HERE:** 

https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/Pages/default.aspx#/=.aspx DEADLINE TO APPLY APRIL 8<sup>TH</sup> BY 12:30.

#### \*Please note: The Mike Jennejohn Bursary has been cancelled for 2022.

#### PACIFIC LEADER'S SCHOLARSHIPS FOR CHILDREN OF PUBLIC SERVANTS

Pacific Leaders scholarships for children of public servants - Province of British Columbia (gov.bc.ca) 60 Awards of \$2,500. Minimum "B" average grades 10-12 and other criteria. Apply by May 13th, 2022.

#### JAYMIE LYNN ROBERTSON 2022 MEMORIAL BURSARY (EPILEPSY AND SEIZURE EDUCATION

3 X \$1,000 available. This is award will not be granted based on academic achievement, but the recipient must demonstrate financial need and submit a 300-word essay on how epilepsy has impacted his or her life. Due March 31/2002 Details <u>HERE</u>

#### **GRACE FAMILY NETWORK SCHOLARSHIP ESSAY**

3 X \$500 awards for 2022. Visit the career website or <u>www.gfnf.org</u>. Preference will be given to graduating students pursuing post-secondary who have financial need. **"WHAT ARE YOUR IDEAS TO REDUCE SYSTEMIC BIAS AND INEQUITY IN SOCIETY?"** (500 words) Deadline May 31<sup>st</sup>, 2022

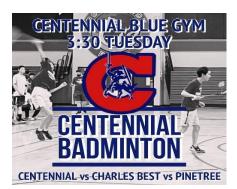
#### **BCSTA CITIZENSHIP AWARDS**

The British Columbia School Trustees Association - BCSTA will once again be awarding **three** graduating B.C. public school students who have shown exemplary citizenship in their school and community with scholarships worth **\$500** each. VISIT THE CAREER CENTRE/FINANCE

#### LOCAL SCHOLARSHIP PACKAGE



# **SPORTS**



### JUNIOR GIRLS SOCCER\*NEW\*

The Cent Jr. Soccer team kicks off their season today at Gates Park against the Riverside Rapids! 3:30pm is kick off, follow our Instagram @centjrsoccer for game updates and highlights! Let's go Centaurs!

#### **CENTENNIAL TENNIS TEAM\*NEW\***

Tennis tryouts are happening Thursday, March 31<sup>st</sup> after school on the tennis courts by the tennis centre. Drop by anytime from 3:30 to 5:30pm and play some tennis! Bring your own racket and if you can't make it to the tryouts, please email Ms. Ward. <u>sward@sd43.bc.ca</u>

#### **BOYS RUGBY**

All current players and new recruits are encouraged to attend practices Monday, March 28 – Thursday March 31 at the Oval 3:30 – 4:45 pm to ensure we are prepared to start the spring season of 7's rugby. The Centennial Boys Rugby team yearbook photo has also been moved to this week. Please contact Mr. Oriel (PE Office) or Coach Tonks for more information or if you will be unable to attend the practices.